

People



IN GOOD HANDS

Dr. Stuart Weitzman opened his chiropractic office in Bedford Hills about four years ago and has been helping people ever since.

Focusing on patient care in his practice, Dr. Weitzman recently added a new diagnostic tool called 'Insight Millennium'. It shows the function of the nervous system through thermography and muscle activity.

"With this piece of equipment I can find areas of the spine that aren't working properly," he told me.

Colored print outs reveal the 'hot spots' on the spine and give Weitzman a guide to where the problems are.

"This is particularly important for infants and young children. Even 'natural birthing methods can cause 'subluxations', which are areas of a child's spine that interfere or distort controlling nerve impulses between the brain and the body. With vital neurological signals compromised, a child's health may be impaired from his or her first breath. Other problems can appear years later. Only a chiropractic examination can tell if subluxations are involved," Weitzman said.

"I recently undertook a pediatric program that focuses on the pediatric care of small children and pregnant moms," he continued. "With pregnant women, it helps them to function at their best during pregnancy. It helps the nerve flow and proper alignment of their spine during the stresses of pregnancy."

Proficient in the Webster Technique, a pediatric technique for pregnant women that makes sure there are no in-utero constraints, Dr. Weitzman is a member of the Int. Pediatric and Chiropractic Association and specializes in spinal care for children as they go through the bumps and bruises of life.

Dr. Weitzman is at Bedford Hills Family Chiropractic, 85 Adams Street, Bedford Hills, or call, 914-242-8810. 🍏